**Leadership Academy Packing List**

At Leadership Academy, you’ll be spending a majority of your time in the great outdoors. Ohio weather can be very unpredictable, so come prepared for hot, cold, wet, sunny, or cloudy days. Don’t be surprised to see all of the seasons in one day here in the Midwest! We suggest you bring plenty of layers.

When you arrive at the Heartland Conference Retreat Center, be ready to jump right into outdoor activities. Be sure to dress in your layers and wear closed-toe shoes.

Please leave all valuables, including jewelry, at home. This is to ensure your personal safety during activities and for the security of your valuables.

Essential Items

* Closed-toe shoes (one or two pairs of hiking boots or tennis shoes, including one pair that can get wet)
* Socks
* Undergarments
* T-shirts
* Long-sleeve shirt
* Sweatshirt or sweater
* Warm jacket
* Long pants
* Raincoat (we will be outside rain or shine)
* Warm hat
* Gloves or mittens
* Flashlight or headlamp
* Watch
* Water bottle
* Backpack
* Pen or pencil
* Facial covering

Items for the Cabin

* Pajamas
* Blanket for movie night
* Personal toiletries (e.g., comb, toothbrush, toothpaste, shampoo, soap, etc.)
* Shower shoes
* Ear plugs
* Lip balm
* Extra glasses or contacts

Optional items

* T-shirt for the T-shirt exchange (collegians only)

Items to leave at home

* Food, gum, candy, etc.
* Pocket knives and multi-tools
* Jewelry, including your badge
* Anything expensive or sentimentally valuable that you do not want to risk losing
* Towels and linens (these items are provided)

Please keep in mind: Weapons, illegal substances, tobacco or alcohol are prohibited on the host site property.

The host site and Kappa Kappa Gamma are not responsible for lost, stolen or missing items.